



Hundreds of teens die each year  
from texting while they are driving.  
Join the pledge and correct the statistic.

**Dear Fellow Doctor**

As Pediatricians, we play a crucial role in bringing information to our teenage patients and their parents. We have guided families through the sleep deprivation of the infant years, toddler tantrums, recommended bike helmets and offered advice to survive middle school drama. Now your patient is ready to drive and although they have grown quite a bit, they still need your advice.

Pediatricians regularly counsel their patients about seat belts and alcohol use when driving, to add the topic of distracted driving is a natural fit. By engaging the parent as the champion for safe driving, teen drivers will be taught safe driving habits that will last a lifetime.

With support from the Allstate Foundation, The American Academy of Pediatrics NYS Chapter has developed this tool kit to share with your patients. This kit includes sobering facts about the rate and impact of distracted driving, NYS Texting and Driving Law, GDL requirements, driving contracts and cell phone apps available to download on your teens phone to curb texting while driving.

Share the pledge and correct the statistic.

Sincerely,

Dr. Colleen A. Mattimore, MD



**82%** of Americans  
age 16–17  
own cell phones

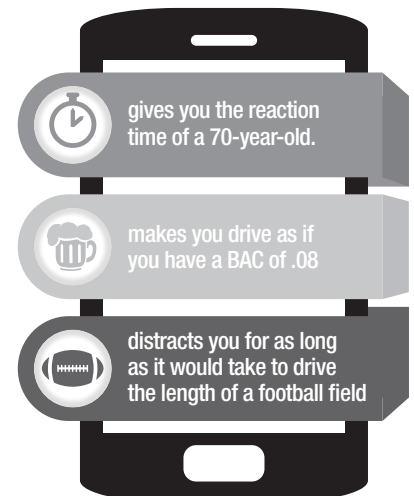


**52%** say they have  
talked on a cell  
phone while driving



**34%** say they  
have texted  
while driving

Using a cell phone  
while driving...



**auto|correct**

**Correct the behavior. Don't text and drive.**

Visit [www.ny1aap.org](http://www.ny1aap.org) to join the pledge and correct the statistic.